

Activities & Prayer Concerns

September 29, 2019



Rev. Rosemary McMahan, Interim Pastor
Church Office: (256) 355-6310
Office Hours: M – TH 8:45 a.m. – 1:00 p.m.
churchoffice@standrewdecatour.org
www.standrewdecatour.org

FB: St. Andrew Presbyterian Church, Decatur, Alabama

To Our Visitors and Guests:

Welcome! It is a blessing to have you in worship with us today. We warmly invite your participation in the worship, fellowship, and ministry of this congregation where everyone is welcome as God's child. The pastor is available to answer any questions you might have after worship or by email or phone. There is a place for you here, and we are delighted to have you with us today.

Please sign the attendance pad on the pew. If you are a first-time visitor, please complete all the applicable sections. Children's activity bags are available from an usher for the sermon time. Please leave the bag in the pew as you leave.

8:45 am Adult Sunday School Classes

Hargrave Class, Room 122: Focus on the Family DVD study on the land of the Bible and the culture.

Hoppers Class, Library: Teacher's Choice, a variety of scriptures

Seekers Class, Room 111: "Responding to God's Grace, Faithfulness and Holy Living"

Sunday, September 29, 10:00 am Worship Team

Liturgist: Greg Vogel

Ushers: J. Shull, S. Strong, D. Foster, F. Webster

Nursery: Barb Mouton

Wednesday Host, October 2: **Need Volunteer**

Sunday, October 6, 10:00 am Worship Team

Liturgist: Nellie Gates

Ushers: **Need Volunteer**, B. Mouton, B. Matthews, D. Foster

Nursery: Jackie Naumann

Wednesday Host, Oct. 9:

Presbyterian Women's Meeting

Tuesday, Oct. 1, 10:00 AM

Lesson: "Words of Love: Don't Trivialize My Name"

Exodus 20:7 and Matthew 7:21-23

Lesson Leader: Nelda Gilbert

Hostess: Linda Grissom

Hosts are needed each Wednesday for our fellowship suppers. Please sign-up on the bulletin board.

Calendar of Events

Monday, Sept. 30	OFFICE CLOSED
Tues, Oct. 1	10:00a Presbyterian Women
Wed, Oct. 2	5:30p Potluck Supper 6:00p "Brain Health – Use It or Lose It" 7:00p Choir Rehearsal
Thurs, Oct. 3	10:00a DAR meets in Fellowship Hall
Mon, Oct. 7	8:00a C.A.T.S. Road Trip (see below)
Wed, Oct. 9	5:30p Potluck Supper 6:00p "Beautiful Successful Aging" 7:00p Choir Rehearsal
Thurs, Oct. 10	1:00p Caring Hands Ministry
Mon, Oct. 14	7:00p Chapel Hill HOA
Wed, Oct. 16	5:30p Potluck Supper 6:00p Philippians Study/Activities 7:00p Choir Rehearsal

C.A.T.S. ON THE ROAD AGAIN!

Monday, October 7 traveling to Noccalula Falls in Gadsden.

We will leave the church at 8:00 am. The cost is \$4 and lunch. Sign-up in the church office by Wednesday, Oct. 2.

Wednesday, October 2, 6:00 PM

"Brain Health – Use It or Lose It!"

Marsha Farrell, BSN, M-BC, and CHPN

People take care of health issues every day like their weight, their BP, blood sugars, and their joints. Shouldn't we also take care of our brains? Come join as we look at interventions to improve our brain health.

Marsha is a graduate of the University of North Carolina at Chapel Hill School of Nursing (class of '79) and is currently the owner of Marsha Farrell Care Consulting, LLC in Madison, AL. Marsha has certifications in both Pain Management Nursing and in hospice and palliative care. She is a conference speaker, educator and consultant. Marsha has developed teaching tools for patients and families who are facing serious illnesses. Her YouTube channel, *End-of-Life Parables* can be found online at <https://bit.ly/2ksYHLm> and her booklet, *PALLIATIVE PAIN PRIMER a guide for patients and caregivers* is currently available on her website, <https://marshafarrellcareconsulting.com/>